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**Mitchell Museum of the American Indian Hosts  
Urban Pow Wow Presentation During Fall Community Day**

FOR IMMEDIATE RELEASE

**Oct. 14, 2014** – On Saturday October 25 the Mitchell Museum of the American Indian will host Community Day from 10am-5pm. Free activities include kid’s crafts, food and light refreshments. The American Indian Center will present an Urban Pow Wow history and dance program (for an additional fee) beginning at 2:30. The museum’s volunteers and staff will be on hand to provide information about volunteering, docenting, flute group, and other ways community members can be a part of the museum.

Mitchell Museum volunteers will lead children and their families in a Dreamcatcher craft from 11am-noon. The Dreamcatcher is originally an Ojibwe craft, intended to filter bad dreams, leaving only the good. The craft will be followed by food and light refreshments (noon-1pm).

From 2:30-3:30 pm, Cyndee Fox-Starr (Omaha/Odawa) and Louis Delgado (Oneida) from the American Indian Center of Chicago will show “50 years of Pow Wow” featuring clips from the 1950s, 1970s and last year’s 60<sup>th</sup> anniversary. They will lead a discussion on how Urban Pow Wows differ from Tribal Pow Wows, and how they have changed over the last century. Fox-Starr and Delgado will also demonstrate popular Pow Wow dance steps and discuss their symbolism. Cost is \$10 Members/ \$12 non-Members.

For more information about Community Day at the Mitchell Museum, please contact Visitor Services at [visitor.services@mitchellmuseum.org](mailto:visitor.services@mitchellmuseum.org), or call 847-475-1030 during our regular hours. The museum welcomes interested docents, interns, or volunteers year round.

The Mitchell Museum is one of only a handful of museums in the country that focuses exclusively on the art, history and culture of American Indian and First Nation peoples throughout the United States and Canada. In 2012, The Mitchell Museum was named “Best Museum of The North Shore: Up and Comer” by *Make it Better* magazine, won the Superior award by the Illinois Association of Museums and was named a national finalist by the American Association of State and Local History award program.

For more information about The Mitchell Museum of The American Indian, visit [www.mitchellmuseum.org](http://www.mitchellmuseum.org) or call 847-475-1030. The museum is open Tuesday-Wednesday 10 a.m. to 5 p.m., Thursday, 10 a.m. to 8 p.m., Friday- Saturday 10 a.m. to 5 p.m. and Sunday noon to 4 p.m. Admission is \$5 for adults, \$3 for seniors, students and children and Free for Mitchell Museum members and Tribal members.

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